

MAKE YOUR MARK:

Practical Tools to Expand Your Personal Presence

Presence.

You know it when you see it: the combination of poise and power that speaks volumes without saying a word.

Did you know there are specific nonverbal skills that create "presence"? With these skills, you can increase your confidence, create strong first impressions, speak with authority, and manage difficult situations.

Join Rachel Beohm for this interactive presentation and gain concrete, practical communication tools.



Through a combination of demonstration, written exercises, and hands-on practice, you'll learn:

- The four components of a calm, competent Presence
- How to overcome your personal obstacles to Presence
- Body language and voice patterns that convey confidence
- How to increase your Presence by claiming space
- The #1 skill that affects every aspect of communication
- How to stay composed and rational in the face of surprises, strong emotions, unexpected questions, and crises
- ... and more!

**CHANGE YOUR COMMUNICATION,
CHANGE YOUR LIFE.**